

**Dance party.  
Every Monday.  
The exercise is a bonus.**



PRESENTED BY



**What:** Zumba class with  
Laura Gorham,  
Glens Falls Family  
YMCA instructor

**When:** Mondays, 6:15 p.m.  
June 5 - August 28

**Where:** Crandall Park Performance Shell

**Cost:** Free

**Remember to bring:**

- Some water
- Appropriate outdoor footwear
- A mat, towel, and whatever else you may need

Subject to weather. Check social media for updates and rain spaces.



In partnership with



@bsneny

@GlensFallsYMCA

@CityofGlensFalls

Highmark Blue Shield of Northeastern New York is a trade name of Highmark Western and Northeastern New York Inc., an independent licensee of the Blue Cross Blue Shield Association.

MX1573951\_05\_22